



TEXAS HIGH SCHOOL POWERLIFTING ASSOCIATION

Rene Guzman President
Steve Harralson, VP
Barry Newton, Secretary
Brad McCone, Business Manager

Dear Coaches,

Congratulations are in order for any school who has qualified a lifter or lifters to compete in the THSPA State Championships in Abilene, Texas. The THSPA Executive Committee will meet on March 15th to finalize details and provide for the most organized and competitive meet of the 2026 season. The following will be of interest to you as you plan your trip to Abilene.

Date: March 27th (Division 2/3/4/Unequipped) and March 28th (Division 1 5/6A Split)

Place: Taylor County
Expo Center
1700 Hwy. 36
Abilene, Texas 79602

Fee: \$35 per lifter, to be paid at the time of registration. **Make checks payable to THSPA.**

Things to Bring:

1. Entry Fee
2. Eligibility list signed by your principal or superintendent
3. State Meet Release Form
4. Drug Testing Affidavit

*These forms can be found under the documents section of the THSPA website.

Schedule:

Thursday, March 26th	Division 2/3/4/Unequipped	Registration/Packet Pick-up	3:00 PM
		Early Weigh-In	3:30-5:30 PM
Friday, March 27th	Division 2/3	Same Day Weigh-In	6:00-7:30 AM
		Opening Ceremony	7:50 AM
		Lifting	8:00 AM
	Division 4/Unequipped	Same Day Weigh-In	3:00-4:30 PM
		Lifting	5:00 PM
	Division 1 (5/6A)	Registration/Packet Pick-up	3:00 PM
		Early Weigh-In	3:30-5:30 PM
Saturday, March 28th	Division 1 (5/6A)	Same Day Weigh-In	6:00-7:30 AM
		Opening Ceremony	7:50 AM
		Lifting	8:00 AM

Lifters may weigh-in at either scheduled weigh-in for their division. In the event that a lifter does not make weight at the early weigh-in, he will have an additional opportunity to weigh-in on the day of their meet. Once a lifter has made his weight class, his expeditor card will be taken from him and no further weighing will be necessary nor will any changes of his opening lifts will be allowed.

Platform and Flighting Information:

*****Platform and Flighting information will be released after the THSPA Executive Committee meets on March 15th. *****

We will move flights during the deadlift if we see that the need arises to help expedite the meet.

Miscellaneous Information

Admission: All tickets are \$10 for ages 5 and up. Tickets can be purchased ahead of time by going to www.taylorcountyexpoctr.com. Tickets ordered online will be held at Will Call.

Wristbands: All coaches, wrappers, support staff and **lifters** will be required to wear a wristband for admittance on the floor. The formula for the number of wristbands a school will receive is the Number of Lifters qualified PLUS 1 with a maximum of 4 wristbands. **Additional wristbands will be sold for \$25 per band, with a maximum of 3 extra wristbands per school.** Please keep these limitations in mind as you make plans for the meet and how many assistants, wrappers, and support staff you are planning to bring.

Concessions: Screaming Goat Enterprises will be providing Meal Deals for your lifters this year. They will be selling tickets during Registration/Packet Pick-up on Friday and during the weigh-in on Saturday. **Please make your checks to Screaming Goat Enterprises** A Meal Deal will consist of a brisket sandwich, chips and a water for \$12.00.

T-Shirts: State meet shirts and attire will be for sale. T-shirts will be \$20 and available on Friday and Saturday.

Hopefully this letter covers everything you need for the State Meet. If you have any questions, please contact me or your Regional Director.

Congratulations and good luck,
Rene Guzman
THSPA President